



BOMU HOSPITAL

Health • Hope • Humanity

ANNUAL REPORT

JAN TO DEC 2021

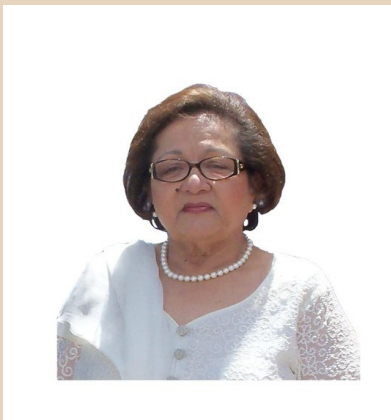
Bomu Hospital is a not for profit registered and recognized non-governmental healthcare organization. It is a project of Mkomani Clinic Society (MCS), an entity that came into existence in the late 70's when a group of citizens who were conscious of the dire lack of accessible, affordable health care services for the poor and destitute, got together and established a small outpatient facility in the Mkomani area of Mombasa Kenya. In the last 40 years, the Society has grown, and so has its activities. Today, MCS operates the Bomu Hospital, its flagship institution that is located in Changamwe, close to the Moi International Airport. The facility has several health care programs that cater to the health care needs of the poor, malnourished and the HIV affected and afflicted.

On 22nd September 2021, Bomu Hospital lost its founder and Executive Director, Mrs. Hayati Anjarwalla.

Mrs. Anjarwalla established Mkomani Clinic Society in 1979 and through her passion for serving the poor, ensured the small clinic in the Mkomani area of Nyali grew to a full-fledged level four hospital in Changamwe.

She had a loving, caring nature for the poor, and was devoted to health, all of which she actualized through Bomu Hospital.

Her dream of access to affordable healthcare for all will continue to live on as we, at Bomu Hospital, strive to provide quality services and expand our reach.



Inna lillahi wa inna ilaihi raji'oun

May the Almighty grant her the Highest Abode in Jannah

The Project Sunshine had a busy year with several activities taking place. Below shows the distribution of hand soap to orphanages.



The distribution of hand soap took place in three orphanages: Nuru, Future Hope, and Vikobani.



With the continued negative economic effects of COVID-19, well-wishers of Bomu Hospital sponsored lunch at two orphanages that the hospital supports; Little Angel and Nuru.



In February 2021, Citi Group partnered with Bomu Hospital to provide Female Hygiene packs consisting of a toothbrush, toothpaste, hand soap, and sanitary pads. They also generously donated mattresses for Nuru Orphanage.



The COVID-19 pandemic restricted the number of fistula patient we could operate and admit at the same time. Therefore, the program conducted surgeries every second month instead of quarterly. 63 patients benefitted from the program as at November 2021.



The fistula program continued with various community sensitization activities and marked the international day to end obstetric fistula.





The Fistula Foundation donated an oxygen concentrator to aid in the management of COVID-19 patients. They also supported the hospital with an anaesthetic machine.



Oxfam International, which is an NGO, strives to ensure each individual in a society is able to access basic services.

Access to water for maintaining hygiene, particularly hand-hygiene, has become of paramount importance in the era of COVID-19.

As such, Oxfam donated a portable hand-washing stand for our Old Town branch.



Bomu Hospital and our Old Town branch began vaccinating adults against COVID-19 following the approval from the County as a vaccination center in Mombasa.

- We offer:
- AstraZeneca
 - Pfizer
 - Moderna
 - Johnson & Johnson

Available at the main hospital and Old Town branch



Vaccination at Bomu Hospital Changamwe



A proud moment for Bomu Hospital when the parents to Joy Michal Musenya visited the hospital's maternity department to celebrate Joy's first birthday. Joy was born on 3rd August 2020 and weighed just 750 grams.

Joy's parents appreciated the nursing staff of our maternity department and together they marked her first birthday by cutting a cake.



My wife and I remain forever indebted to the nurses of the Maternity wing of Bomu hospital. It is a year since we received our baby Joy Michal Musenya at 780g. I am reminded that she was extremely premature at only 24 weeks of pregnancy. The friendly and caring nature of the nurses will forever be etched in our memories.

My wife, Jackline Anna Owiso and I will always be grateful. May God bless you as you keep up the good work.

Yours Emmanuel Gathage
 & Jackline Anna Owiso.
 Michal Musenya born on the 3rd Aug 2020

Contacts
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 Jackline 0726369076



Another proud moment for Bomu Hospital when Dr. Nashina Mohamed featured in the Star newspaper. Dr. Mohamed is the Programs Coordinator and visited Taita Taveta County to sensitize healthcare workers on Fistula. The county is reported as a hotspot with a high number of unreported fistula cases.

CAUSED BY OBSTRUCTED LABOUR

Taveta health workers trained in drive against fistula

SOLOMON MURUGU/Taita Taveta county has started training healthcare workers and intensified awareness to end obstetric fistula.

The one-week training targets medicals from health facilities at the grassroots. They will be at the forefront in restoring the dignity of mothers with abnormal connections between the rectum and the vagina, mostly caused by prolonged and obstructed labour.

The county in a partnership with the Fistula Foundation and Bomu Hospital will offer free screening and treatment. Bomu Hospital programme coordinator Dr. Nashina Mohamed said through the awareness programs, women suffering from fistula will be identified and treated. "Our journey involves identifying cases, treating them and offering psychosocial support to those affected," Mohamed said. "The campaign is geared towards eradicating the ailment through free screening and treatment."

The county is listed among the hotspot areas with a high number of unreported cases of obstetric fistula. Mohamed asked families not to stigmatize relatives suffering from fistula but take them to the nearest health facility for treatment.

"The campaign aims at educating women on safe ways of avoiding fistula and sensitizing the society to fight the fistula stigma," she said on Monday at Mwatate Sub-county Hospital. Fistula programme field coordinator Sarahina Mwalimu urged health workers to be devoted to helping restore the dignity of women suffering from fistula.

Bomu Hospital programme coordinator Dr. Nashina Mohamed during a meeting with healthcare workers at the Mwatate Sub-county Hospital / **SOLOMON MURUGU**

Despite the difficult economic times, the hospital continued to serve the underprivileged through provision of healthcare services under its charitable arm.

Janet Shali, 7 years old, had burns sustained in March 2021 after accidentally falling on a cooking pan with hot oil. She suffered from 3rd degree burns on her scalp, trunk, upper right arm, and right thigh.

A total of four major reconstructive procedures were conducted at the hospital along with debridement and skin grafts.



Janet Shali at first contact with Bomu Hospital



After undergoing four reconstructive surgeries at Bomu Hospital

In September 2021, Bomu Hospital partnered with Stanbic Bank to conduct free cancer screening at Bomu Medical Center Wema, Utange.

The team conducted cervical and breast cancer screening, blood sugar and, blood pressure measurement.

Patients who presented with acute infections were also provided with free treatment.



In September 2021, Bomu Hospital supported the Nyali Golf Club in a charity golf tournament. The hospital set up a tent to offer blood sugar and blood pressure measurement, BMI check, and body composition measurement. We also had an ambulance on standby.



Rest is essential to revitalize and re-energize the mind and body. Our staff work hard to ensure the hospital meets its annual goals. The management organized a retreat for our community health volunteers, staff, and in charges.



The hospital CEO, Dr. Aabid Ahmed, addressing the CHVs at the retreat



The in charges retreat took place at Neptune Palm Beach hotel in Diani in August 2021. One full day was dedicated for brainstorming and developing strategic plans for the institution.



Staff training is a crucial component to keep staff abreast and motivated. At Bomu Hospital, the management encourages staff from all cadres to attend trainings to improve their skills and knowledge.



Customer Care Training for cashiers and front office staff



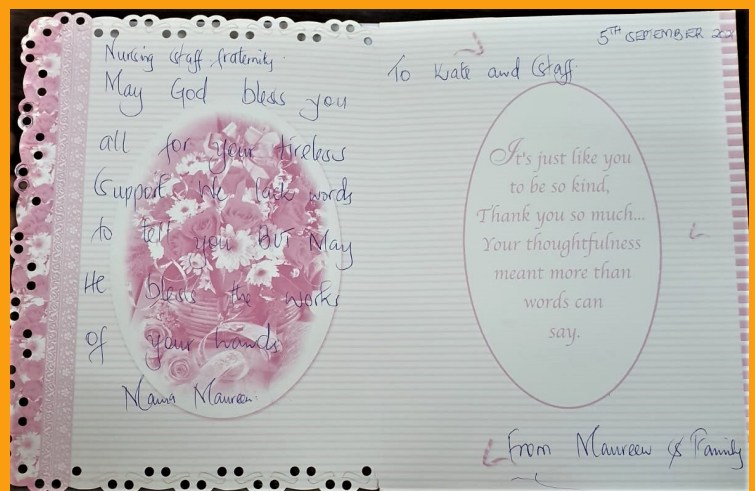
Laboratory Strengthening Training



Early this year, Bomu Hospital acquired a new ambulance to facilitate transport of patients and administer home-based care.



Another satisfied maternity client showed their appreciation with a beautiful Thank You card.



The Youth Fun Day is an annual activity involving children who are enrolled in our programs and those that are from the orphanages supported by the hospital.

It is fun-filled day where children engage in various activities such as face-painting, coloring competition, and poetry recitation.

The winners of the various competitions are awarded with gifts. All children are given a food-pack and gift pack to go home with.





Our excellent nursing and clinical care becomes evident when satisfied clients come back to us to express their gratitude.

To,
The Most Amazing Staff
at Bomlu Hospital

You've given our father
the BEST of care, showing
so much empathy & love
& kindness, keeping his
dignity always in mind.
You always walk into his
room with brightness &
smiles and loads of positivity
and encouragement.
We've so appreciated all the care.

Thank you, Dr. Maryam, Dr. Akubayo,
Dr. Layla, Dr. Karunani & Dr. Ashid

Thank You ALL
for your Kindness

Especially to all the sisters
& Nurses - Mikay, Arnold,
Faith, Tova, Consolata,
Alicia, Janet & some I may
not know off & Dr. Akubayo
& Mr. Otiemo & Mr. Enoch.

With much
Love ❤️ The Omas
Family



The management of Bomu continuously encourages all staff to enhance their skills and knowledge.

In September 2021, the management sponsored a five day workshop on Scientific Writing. The aim of this training was to equip senior managers with the skills required to publish articles in scientific journals.



14th November marks the World Diabetes Day. This year Bomu Hospital supported the Artistic Hope Organization through the provision of human resource and a glucometer and strips.

Our medical officer and nurse assisted in screening patients for diabetes, providing relevant counseling, and prescribing medication.

The event took place at Koblenz hall on 16th November 2021. A total of 190 individuals received diabetes screening.



The Quality of data reflects on the quality of clinical care. On 28th November 2021, Bomu Hospital Changamwe and Bomu Medical Centre Likoni were amongst the sites in Mombasa County selected for a National Data Quality Audit.

The audit was jointly conducted by NASCOP, CDC, Palladium, University of Nairobi, and Mombasa County representatives.

At the end of the audit, the auditors noted that Bomu is a center of excellence and will be a reference point for other institutions to learn from.



At Bomu Medical Centre Likoni



At Bomu Hospital Changamwe

Bomu Hospital has always been an active participant during the pre-World AIDS Day and the World AIDS Day.

This year, we supported the Counties in the various activities organized for the two days.



Bomu DREAMS Adolescent Girls and Young Women (AGYW) presenting in the Pre-World AIDS Day and awarded certificates by the MP Hon. Badi and his Wife Thureya





Pre-World AIDS Day celebration in Likoni



Bomu Hospital Community Health Volunteers at the forefront during the World AIDS Day procession.





DREAMS AGYW giving a health talk on condom use at World AIDS day in Kisauni



Mtopanga/Shanzu/Bamburi DREAMS AGYW received Dignity Packs from Stretchers (NGO) during World AIDS day at Kisauni



DREAMS Program Coordinator receiving 10 sewing machines from Fujita Corporation Company for the DREAMS Vocational Training at Miritini site

The Smile Train program generously donated cleft lip and palate sets for use in theatre.



Our Chief Executive Officer, Dr. Aabid Ahmed, and Social Programs Coordinator, Dr. Nashina Mohamed, attended a two-day meeting in Taita Taveta where they met with the County Director of Health and the Chief Health Officer.

The County will be partnering with Bomu Hospital for the Fistula Program. The aim of this partnership is to increase awareness amongst healthcare workers and the community. It will also ensure early identification and referral of fistula cases to Bomu for corrective surgeries.



Marking the World AIDS Day at Bomu Hospital has always been a fun-filled day where participants compete in a fashion show and exhibit their talent.



The County Gender-Based Violence (GBV) Coordinator closing the Bomu GBV training and handing over certificates for DREAMS mentors and Key Population (KP) outreach workers at the Royal Court Hotel.



Bomu Hospital supported the Wengi Wape group in a free medical camp organized at the Fort Jesus grounds. The hospital provided a counselor and HIV testing and counseling services.



Our sites

Donate and become a Friend of Bomu

Your valuable contribution and donation to this worthwhile organization can be sent through the options below:

- Bank Transfer
- Cheque
- MPesa

Bomu's bank details:

Account Name: Mkomani Clinic Society

Account Number: 0203046006

Bank Name: Diamond Trust Bank

Swift Code: DTKEKENA

Branch: Mombasa

Bomu's MPesa details: Paybill 682894; Account: Donation

Through your Donation, you can:

- feed ONE orphan for USD 700 per year
- reimburse a needy pregnant mother for her Antenatal visits for USD 200 per pregnancy
- Sponsor a normal delivery for a very poor pregnant mother for USD 200
- treat a diabetic patient (on oral medication) for the whole year at USD 500
- treat a diabetic patient (on insulin) for the whole year at USD 700
- treat a patient with high blood pressure for the whole year at USD 400



Bomu Hospital Changamwe



Bomu Medical Centre Likoni



Bomu Medical Centre Mariakani



Bomu Medical Centre Wema



Bomu Medical Centre Timboni



Bomu Medical Centre Al-Walidayn



Bomu Medical Centre Old Town



Bomu Mikindani Sewing Center



Bomu Archives - Tudor

